

# healthy <sup>A+</sup> campus 20

OAKWOOD UNIVERSITY

## Making Wholistic Education a 21st Century Reality



FACULTY AND STAFF COLLOQUIUM

**August 3-6, 2015**

McKee Business & Technology Complex  
Oakwood University



Dear Colleagues,

I trust that you have enjoyed a restful and rewarding summer. The emphasis for this year's Colloquium session is "Healthy Campus 2020." This initiative has one goal—to make Oakwood University the healthiest campus in America by integrating education regarding the eight laws of health into the core curriculum. Oakwood will utilize an evidence-based, longitudinal, research strategy designed to positively impact the health choices of our student body. Intense work on this groundbreaking University initiative has been under development since the summer of 2014.

During Colloquium 2015, we will participate in activity-based presentations from faculty and staff on the eight health principles for our full orientation to the program. A special presentation from Dr. Ernie Medina of Loma Linda University, on the topic "Sitting is the New Smoking," promises to get us all up and more active in our quest for improved health.

Today, you will receive 8 Secrets to Unlocking Your Potential – a book authored and developed by Oakwood University scholars in health and spirituality. Special thanks goes to Dr. Prudence Pollard, who organized and edited this customized work with the able assistance of managing editor Dr. Shirna Gullo. Healthy Campus 2020 will be the launching pad for cultural transformation across the next 10 years.



I want to thank each author: Dr. Havovi Patel, Lauren Eaton (Miss Oakwood 2015-16), Dr. Doug Eaton, Chendo Lindo, Dr. Tricia Penniecook, Dr. Fiona Lewis, Dr. Karen Anderson, Dr. Prudence Pollard, Dr. Howard Shaw, and Dr. Howard Weems for their time and expertise in developing this new printed resource.

Related features for this Colloquium will provide the entire campus community the opportunity to participate in the program design of our planned Health and Wellness Center. KPS and Associates will lead us

in breakout groups by facilitating your input into the architectural, functional, and programmatic design of the planned Oakwood University Health and Wellness Center.

Our devotional time is always a special feature

during our time together. Special thanks to Dr. Debleaire Snell, Senior Pastor of First Seventh-day Adventist Church, who will bring the daily devotionals.

At the conclusion of our week, we will spend time as a work family at the Unity Pond Pavilion enjoying a picnic lunch and activities for faculty and staff on Wednesday afternoon.

Welcome to Colloquium 2015.

Sincerely,

Leslie N. Pollard, Ph.D., D.Min., MBA  
President, Oakwood University

**Monday, Aug. 3, 2014**

**8:00 a.m.**  
**SONG SERVICE**  
Praise Team

**8:10**  
**PRAYER**  
Howard Weems, Ph.D.  
Senior Chaplain & Assistant to the President for Spiritual Life

**8:15**  
**WELCOME**  
Leslie Pollard, Ph.D., D.Min., MBA  
President

**8:25**  
**SPECIAL MUSIC**  
Edna Dailey, Supervisor, Telecommunications

**8:30**  
**DEVOTIONAL**  
Debleaire Snell, M.Div.  
Senior Pastor, First Seventh-day Adventist Church, Huntsville

**9:00**  
**STRATEGIC DIRECTION/GC REPORT**  
Dr. Leslie N. Pollard

**9:45**  
**NEW FACES/NEW PLACES**  
Timothy McDonald, Ed.D., Provost and Senior Vice President

**10:00** -- B R E A K --

**10:15**  
**HEALTHY CAMPUS 2020 OVERVIEW**  
Prudence Pollard, Ph.D., MPH, R.D., SPHR  
Vice President, Research & Employee Services

**10:30**  
**NAD REGIONAL CAUCUS UPDATE**  
Dr. Leslie Pollard  
Elder William Winston, Chair NAD Regional Caucus

**10:40**  
**HEALTHY CAMPUS - "STAND OUT" WORKSHOPS**  
**Breakout Groups** (see schedule A, p. 5)

**12:40 p.m.** -- L U N C H --

**1:30**  
**SPECIAL SESSION: (Overview/Introduction) - B&T Auditorium**  
Kristine Harding

**HEALTH AND WELLNESS CENTER - PLANNING/DISCUSSION**  
KPS Associates

**AND BREAKOUT SESSIONS**

**2:30**  
**Breakouts** (see schedule B, p. 6)

**4:00** -- B R E A K --

**4:30**  
**GROUP RECONVENES FOR SUMMARY - B&T Auditorium**  
Dr. Leslie Pollard

**5:30** -- D I S M I S S A L --



## MISSION STATEMENT

The mission of **Oakwood University**, a historically black, Seventh-day Adventist institution, is to transform students through biblically-based education for service to God and humanity.



### OAKWOOD UNIVERSITY COMMITTS TO THE FOLLOWING VALUES . . .

**Respect:** Oakwood esteems others as worthy of human dignity, regard, and service.

**Compassion:** Oakwood manifests sympathy, empathy, care, and concern in our dealings with others.

**Integrity:** Oakwood demonstrates honesty, uprightness, moral virtue, and ethical rectitude in every relationship.

**Excellence:** Oakwood makes the personal and collective decision to perform at our highest capacity and to continually improve in our work and service.

**Service:** Oakwood chooses to provide assistance, aid, help, caring, outreach and ministry in response to human need.

**Innovation:** Oakwood will break with precedent in the advancement of institutional mission by embracing new methods and introducing major changes.

**Collaboration:** Oakwood commits to integrated planning, internal and external partnering, and collegial action designed to build community and advance our mission.

## Tuesday, Aug. 4, 2014

**8:00 a.m.**  
**SONG SERVICE**  
Praise Team

**8:10**  
**PRAYER**  
Kimberly Mann, MAYM, Associate Chaplain, Office of Spiritual Life

**8:15**  
**WELCOME**  
Dr. Timothy McDonald

**8:25**  
**SPECIAL MUSIC**  
Wayne Bucknor, D.M.A., Chair, Department of Music

**8:30**  
**DEVOTIONAL**  
Pastor Debleaire Snell

**9:00**  
**QEP UPDATE REPORT**  
Dr. Prudence Pollard  
Olivia Beverly, Ph.D., Director, QEP: Critical Thinking

**9:45** -- *B R E A K* --

**10:00**  
**HEALTHY CAMPUS - "STAND OUT"**  
**WORKSHOPS**  
**Breakout Groups** (see schedule A, p. 5)

**12:00 p.m.** -- *L U N C H* --

**1:30**  
**HEALTHY CAMPUS - "STAND OUT"**  
**WORKSHOPS**  
**Breakout Groups** (see schedule A, p. 5)

**3:30** -- *B R E A K* --

**3:45**  
**HEALTHY CAMPUS - "STAND OUT"**  
**WORKSHOPS**

**5:45** -- *D I S M I S S A L* --

## Wednesday, Aug. 5, 2014

**8:00 a.m.**  
**SONG SERVICE**  
Praise Team

**8:10**  
**PRAYER**  
Dedrick Blue, D.Min., Dean, School of Religion

**8:15**  
**WELCOME**  
Dr. Timothy McDonald

**8:25**  
**SPECIAL MUSIC**  
Tamara Bodie, Operator/Student Supervisor, Telecommunications

**8:30**  
**DEVOTIONAL**  
Pastor Debleaire Snell

**9:00**  
**TITLE IX EDUCATION SESSION**  
Ryan Smith, Assistant Vice President of Student Services

**10:00**  
**DIVISION MEETINGS**  
PC Members  
**Breakout Rooms** (see schedule C, p. 6)

**10:00**  
**DIVISION REPORTS:**  
(*FOCUS QUESTIONS:* How will each division relate to or express commitment to Healthy Campus 2020? What will we say? What will we do? **BE SPECIFIC!**)

**12:00 p.m.** -- *P I C N I C* --  
OU Unity Pond Pavilion

**5:00** -- *D I S M I S S A L* --

**Presenters and  
Presentation  
Plan for  
Healthy  
Campus  
Workshops.  
SCHEDULE A**



Section 1: Monday August 3, 2015 10:40 a.m. – 12:40 p.m.	Location	Stations		Team Members	
		Wade Hall	Sunlight	Outdoors	Elaine Vanterpool
	BCBLC	Temperance	Use Physical Activity	Greg Darville Camille Moore Shirma Gullo Raymond King	Howard Shaw
	B&T	Adequate Rest	Trust in God	Tricia Pennicook Janice Thomas	Leslie Pollard Howard Weems
	MAC	Nutrition	Drink Water	Prudence Pollard Fiona Lewis	Karen Anderson
Section 2: Tuesday August 4, 2015 10:00 a.m. – 12:00 p.m.	Location	Stations		Team Members	
	Wade Hall	Nutrition	Drink Water	Prudence Pollard Fiona Lewis	Karen Anderson
	BCBLC	Sunlight	Outdoors	Elaine Vanterpool	Ernie Medina
	B&T	Temperance	Use Physical Activity	Greg Darville Camille Moore Shirma Gullo Raymond King	Howard Shaw
	MAC	Adequate Rest	Trust in God	Tricia Pennicook Janice Thomas	Leslie Pollard Howard Weems
Section 3: Tuesday August 4, 2015 1:30 – 3:30 p.m.	Location	Stations		Team Members	
	Wade Hall	Adequate Rest	Trust in God	Tricia Pennicook Janice Thomas	Leslie Pollard Howard Weems
	BCBLC	Nutrition	Drink Water	Prudence Pollard Fiona Lewis	Karen Anderson
	B&T	Sunlight	Outdoors	Elaine Vanterpool	Ernie Medina
	MAC	Temperance	Use Physical Activity	Greg Darville Camille Moore Shirma Gullo Raymond King	Howard Shaw
Section 4: Tuesday August 4, 2015 3:45 – 5:45 p.m.	Location	Stations		Team Members	
	Wade Hall	Temperance	Use Physical Activity	Greg Darville Camille Moore Shirma Gullo	Raymond King Howard Shaw
	BCBLC	Adequate Rest	Trust in God	Tricia Pennicook Janice Thomas	Leslie Pollard Howard Weems
	B&T	Nutrition	Drink Water	Prudence Pollard Fiona Lewis	Karen Anderson
	MAC	Sunlight	Outdoors	Elaine Vanterpool	Ernie Medina

**Breakout Sessions**  
**Health and Wellness Center Discussion**  
**SCHEDULE B**

ROOM #	KPS FACILITATORS	OU FACILITATORS	RECORDERS
110	Kristine Harding	Howard Weems	Melissa Davis
200	Dave Ely	Timothy McDonald	Diane Rugless
202	Allison Kahl	Tricia Penniecook	Kaven Ible
212	Jason Fondren	Kisha Norris	Sandra Burton
214	Donna Dowling	Prudence Pollard	Traci Preston
226	Donald Simpson	David Knight	Adana Wilson
B & T Dining Room	Maria Casey	Sabrina Cotton	Stephanie Matthews
B & T Auditorium	Parlisia Jenkins	Howard Shaw	Celestine Robinson
B & T Auditorium	Ken McBride	Karen Benn Marshall	Karen Smith
B & T Auditorium	Jasper Cornett	Monica Sudeall-Hawkins	Taynasha Harris



**Division Meetings**  
**SCHEDULE C**

DIVISION	LOCATION
Financial Administration	B&T Dining Room
Research and Employee Services	Room 200
Advancement and Development	Room 202
Student Services	Room 212
Provost	Room 214
President	Room 226
Academic Administration	B&T Auditorium

**Thursday, Aug. 6, 2014**

**8:00 a.m.**

**SONG SERVICE**

Earl Henry, MPH, Assistant Professor, Health & Physical Education

**8:10**

**PRAYER**

Ifeoma Kwesi, D.Min., Assistant Professor, Religion & Theology

**8:15**

**WELCOME**

Dr. Timothy McDonald

**8:25**

**SPECIAL MUSIC**

Eurydice Osterman, D.M.A., Professor of Music

**8:30**

**DEVOTIONAL**

Pastor Debleaire Snell

**9:00**

**FACULTY/STAFF COMMITMENT SERVICE**

Dr. Leslie N. Pollard

**9:15** -- *B R E A K* --

**FACULTY SESSIONS**

**9:30**

**“ON BEING MISSIONAL FACULTY”**

Dr. Leslie N. Pollard

**9:45**

**FACULTY DEVELOPMENT: PATHWAYS TO PROGRESS**

Dr. Prudence Pollard

**10:15**

**TIPS FOR TEACHING: CRITICAL THINKING & LEARNING**

Dr. Olivia Beverly

Panelists: Dr. Ifeoma Kwesi, Dr. Finbar Benjamin,  
Dr. Onesimus Otieno, Dr. Deril Wood, Dr. Pamelea Cook

**10:45**

**ACCOMMODATIONS AND THE ONLINE LEARNER**

William Mitchell, D2L Administrator, Academic Technology Specialist

**9:45**

**GOD-FIRST TEACHING**

Tricia Penniecook, MD, MPH, Vice President, Academic Administration

**12:15 p.m.** -- *L U N C H* --

**1:45**

**GET YOUR IDEAS FUNDED!**

Lucy Cort & Britney Nelson, Office of Research & Grants

**2:45**

**INTERACTIVE FACULTY DEVELOPMENT MOMENT**

Dr. Prudence Pollard & Dr. Tricia Penniecook

**3:45** -- *B R E A K* --

**4:00**

**FACULTY WRAP UP**

Dr. Leslie N. Pollard & Dr. Timothy McDonald

**4:45** -- *D I S M I S S A L* --



OAKWOOD UNIVERSITY



GOD FIRST!



OAKWOOD  
UNIVERSITY

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