

### For nearly 125 years, Oakwood University has been part of the Huntsville, Alabama COMMUNITY.

INCLE CAST BLACKSMITHING WACON MARING JOB PRINTING

CARPET WEAVING RUGS MADE DRESSMAKING SHOE REPAIRING



## We have been a leader in offering nursing and heath education since 1896.





Oakwood is known for taking **action** for the **well-being** of our students, faculty, staff and neighbors.



## Thank You for Joining Us at this Grand Opening of The New Community Health Action Center June 21, 2021 at 10:30 a.m. 1863 Sparkman Drive, Huntsville, AL 35816 chac.oakwood.edu · 256.726.777



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# It is More than Food... it's about Health!

By **Dr. Prudence LaBeach Pollard**, Vice President, Quality Assurance, Research, & Faculty Development, Oakwood University

2015 Oakwood University launched HealthyCampus 2020<sup>®</sup> in response to Vision 2020 and the co-morbidities disproportionately affecting African Americans: obesity, diabetes, heart disease, hypertension and cancer.

These diseases are often simultaneously present meaning that an individual will have two or more of thes chronic diseases at the same time. These are debilitating diseases that require ongoing medical management.



Student Health Transcripts<sup>®</sup> are an innovative feature of our Oakwood Healthy Campus experience.

A closer look at these co-morbidities reveals underlying issues of Job Insecurity, Food Insecurity, and Health Disparity: community problems that require multi-faceted solutions.

- 1. If you are in the low income bracket, you are less likely to have access to healthy food, less likely to be gainfully employed, and less likely to experience good health.
- All these problems must be addressed to achieve healthy community outcomes.

Oakwood students, staff, and faculty shared fresh produce from Oakwood Farms with community friends affected by a government shutdown.





In November 2016, Harvard Professor, Dr. David R. Williams acknowledged HealthyCampus 2020<sup>®</sup> during his talk at TEDMed 2016 titled, "How Racism Makes Us Sick." According to Dr. Williams, "In Huntsville, Alabama, Oakwood University, a historically black institution, is showing how we can improve the health of black adults by including a health evaluation as a part of freshman orientation and giving those students the tools they need to make healthy choices and providing them annually a health transcript so they can monitor their progress."



https://www.ted.com/talks/david r williams how racism makes us sick?utm campaign=tedspread&utm\_medium=referral&utm\_source=tedcomshare

> New student orientation at Oakwood always includes heath and wellness education.

Through Oakwood's missional focus on service to God and humanity, it became clear that caring for our students and community requires attention to three things:

- 1. addressing income/job insecurity
- 2. increasing access to healthy food
- 3. delivering health education



David Spillers, (seated, left) CEO of Huntsville Hospital and Dr. Leslie Pollard, (seated, right) President & CEO of Oakwood University, sign agreements to work together for the health of our community.

Through donations from alumni and friends of Oakwood University like you, today we celebrate the grand opening of our Community Health Action Center (CHAC) and Clinic.

### **Community Partners**











Thank you for investing and partnering with the Oakwood University Community Health Action Center for a healthier community!

For more information, please visit chac.oakwood.edu or to give and make a difference in the health of our community, visit give.oakwood.edu/chac/

- AdventHealth
- Alabama Mountains, Rivers
- and Valleys RC&D Council
- Andre Keith Artis
- Andrea Avery

Colson Family Foundation

- Colwick Wilson
- Committee of 100
   General Conference of
- Seventh-day Adventists

  Lavelle Humphries
- Pauline Christian

- Roland and Susie Hill
- Southern Union Conference
- of Seventh-day Adventists
- Stanton and Monica Reed
- Truist Bank
- Truist Foundation

The CHAC is home for our trained Student Health Ambassadors and partners like the American Heart Association and Community Action Partnership. The CHAC delivers:

- 1. health education
- 2. food pantry
- 3. job skills education and referral services
- 4. small business development assistance
- 5. fresh fruits and vegetables to food deserts via a Mobile Market



"Sharing for the Shutdown" was an Oakwood event that helped provide fresh, healthy produce to community members in need.





Oakwood University Nursing and Allied Health students as well as volunteer Student Health Ambassadors are being trained to "Depart to Serve" the well-being of their neighbors Student Health Ambassadors operate the CHAC Food Pantry and Mobile Market, delivering fresh fruits and vegetables to six food deserts in Huntsville, Alabama. The Mobile Market was acquired through a matching grant from Oakwood University and the State of Alabama. Operations are funded by donations from the community, from students, from alumni, from grants, and from friends of Oakwood University.

> a new and thriving Oakwood initiative that's on the move to oring better nutrition ontions to local "food

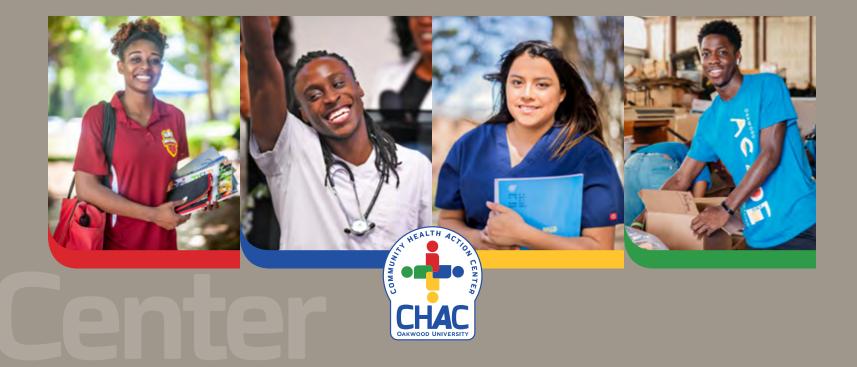
The Obesity Taskforce for the State of Alabama defines a "food desert" as "a residential area with no immediate access to quality foods that support a healthy diet but often served by plenty of fast food places."

Through our HealthyCampus<sup>®</sup> initiative, Oakwood University has identified six food deserts where residents have limited access to quality foods that support a healthy diet and we are taking healthy, fresh, fruits and vegetables to them.



Oakwood University Student Health Ambassadors are eager to go out and help improve the health of our community.

And, yes, this story is about the CHAC and its Mobile Market. But this story is about more than food; it is about caring for our neighbor. It is about caring for health of body, mind, and soul! The Student Health Ambassadors of Oakwood University **enter to learn**, and they **depart to serve**.





	Cheri Wilson, Executive Director, Advancement & Development, Oakwood University
Opening Prayer	James Mbyirukira, Provost, Oakwood University
	Leslie N. Pollard, President & CEO, Oakwood University David Spillers, CEO, Huntsville Hospital Health System
	Prudence LaBeach Pollard, Vice President, Quality Assurance, Research & Faculty Development, Oakwood University
	Christopher Rush, Vice President, Physician Network, Huntsville Hospital Health System
	G. Alexander Bryant, Chair, Board of Trustees, Oakwood University Ron Smith, Chair, AdventHealth Board Office of The Governor, State of Alabama Tommy Battle, Mayor, City of Huntsville
	Prudence LaBeach Pollard, Vice President, Quality Assurance, Research & Faculty Development, Oakwood University
Design Concept	Kristine Harding and Ben Collins, KPS Group, Architecture
	Lisa Dalrymple, Director, Healthy Campus, Healthy Community, Oakwood University

#### **RIBBON CUTTING and PHOTOS**

For more information, please visit: **chac.oakwood.edu** To give and make a difference in the health of our community, visit: **give.oakwood.edu/chac/** 

